

**IJCR**

Vol 06 issue 14

Section: Healthcare

Category: Case Report

Received on: 14/05/14

Revised on: 09/06/14

Accepted on: 10/07/14

## A RARE CASE OF FIBROUS PSEUDO TUMOR

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### ABSTRACT

Fibrous pseudotumor or periorchitis is a reactive fibromatous proliferation that might involve the coverings of the testis, spermatic cord and epididymis. It is believed to be a reactive, non-neoplastic lesion that may clinically mimic testicular malignancy. Here, we present a case of fibrous pseudo tumor in a 72-year-old male.

**Keywords:** Periorchitis, pseudotumor

### INTRODUCTION

Benign intrascrotal fibrous proliferations (fibrous pseudotumor of scrotal contents) are uncommon with most arising from the paratesticular region. They have been variably designated as chronic proliferative periorchitis, inflammatory pseudotumor, pseudofibromatous periorchitis or reactive periorchitis.<sup>1,2,3</sup>

These lesions are usually nodular and involve the testicular tunics. They may also be diffuse and involve the epididymis and spermatic cord. Clinically they mimic malignancy resulting in the treatment by radical orchidectomy.<sup>4,5,6</sup>

### CASE HISTORY

A 72-year-old male came with the complaints of a right-sided inguinal swelling of three years duration. On examination, he was found to have an inguinal hernia with a nodular hard scrotal mass on the same side. There were no other significant physical findings. The scrotum and testis of the other side were normal. Right herniorrhaphy with high orchidectomy was performed. The orchidectomy specimen was sent for histopathological examination.

We received a specimen of right testis with cord structures measuring 7x5x3 cm. The mass was

hard in consistency with a nodular external surface. It was gritty and hard to cut. The cut surface revealed fibrosed and thickened wall with chalky white areas measuring about 3 cm in thickness with the testis at the lower pole measuring 2x2 cm. The testis and spermatic cord appeared normal grossly. [Figures 1 and 2]

Light microscopic sections studied from the testis showed atrophic seminiferous tubules separated by clusters of hyperplastic Leydig cells. [Figures 3,4 and 5] The wall surrounding the testis showed dense fibrous tissue with keloid like bands of collagen and large areas of calcification. Sparse scattered mononuclear inflammatory cells were present. [Figures 6,7 and 8]

### DISCUSSION

Fibromatous lesions of testicular tunics were recognized by Sir Astley Cooper in 1830.<sup>4</sup> The term Fibrous pseudotumor was introduced by Mostofi and Price.<sup>5</sup>

It is an uncommon lesion with an incompletely understood etiology. It's a reactive non neoplastic condition that most often affects patients in their second and third decade of life and is very rare before 18 years.<sup>5,7,8,9,10</sup> Only 4 cases have been reported under 18 years.<sup>7</sup>

Most patients present with a slowly growing mass in the subcutaneous or deep soft tissues and may be associated with systemic symptoms. Although uncommon, reactive fibrous proliferative lesions apparently represent the third most common benign tumor forming paratesticular condition after spermatic cord lipoma and epididymaladenomatoid tumor.<sup>4,11</sup>

Jones et al proposed a classification for benign fibrous proliferations of the testis and paratesticular region based on the neoplastic or non-neoplastic nature of the lesion and separated the lesions / tumors into various categories based on clinical and pathologic features, location, and immunohistochemical studies.<sup>1</sup>

They and others believe that certain intrascrotal fibrous proliferations are truly neoplastic;<sup>4, 12</sup> however, it is generally agreed that fibrous pseudotumors, nodular and diffuse, are reactive, non neoplastic lesions.<sup>4,13</sup>

Although fibrous pseudotumors of the testicular tunics are accepted as reactive lesions, their pathogenesis is not well understood. They are often associated with hydrocele in 50 %, trauma, infection or inflammatory process in 30 %.<sup>5,14</sup>

Some suggest lymphatic obstruction have a role in the development of these lesions.<sup>5</sup>The cell of origin for fibrous pseudotumor appears to be the fibroblast or myofibroblast as suggested by Immunohistochemistry.<sup>9</sup>

The terms fibroma, non specificperitesticular fibrosis, nodular fibrous periorchitis, chronic proliferative periorchitis, proliferative funiculitis, nodular fibropseudotumour, inflammatory pseudotumor, reactive periorchitis, pseudofibrousperiorchitis, peritesticularfibromatosis, and fibrous mesothelioma have been used for this lesion partly reflecting the variable and overlapping spectrum of pathological findings and various etiological theories.<sup>1,2,3</sup>

Some have restricted the use of "Pseudotumor" to mass forming lesions and have used "Fibrous periorchitis" for more diffuse lesions.

The morphology of the non-neoplastic lesions shows variable histology; some contain spindle cells with a whorled appearance and hyalinized collagen. The burnt out lesions are represented by focal (dystrophic) calcification and ossification. Histology may show cellular, granulation tissue type fibrous proliferation and markedly reactive stromal cells.<sup>15</sup> There may be an inflammatory component including plasma cells, histiocytes, eosinophils and lymphocytes.

## CONCLUSION

Fibrous periorchitis is distinctly uncommon reactive or non-neoplastic lesion, which should be considered in the differential diagnosis when one encounters a lesion with predominantly fibro collagenous stroma.

## ACKNOWLEDGEMENT

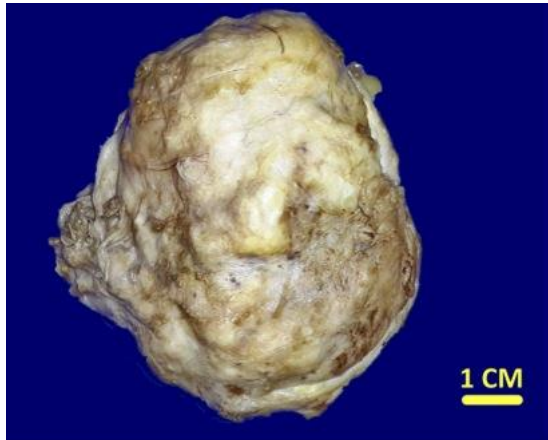
Authors acknowledge the immense help received from the scholars whose articles are cited and included in references of this manuscript. The authors are also grateful to authors / editors / publishers of all those articles, journals and books from where the literature for this article has been reviewed and discussed.

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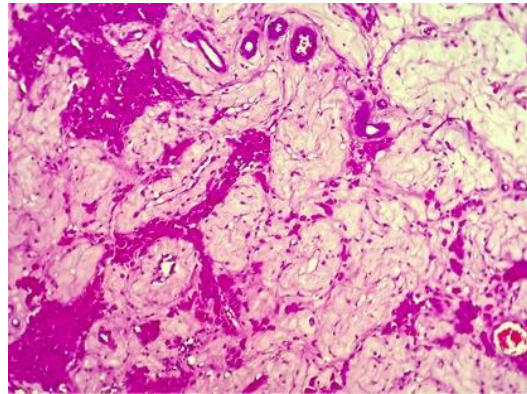
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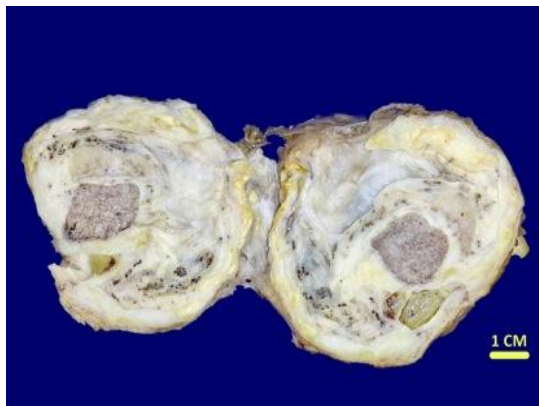
**PICTURES**



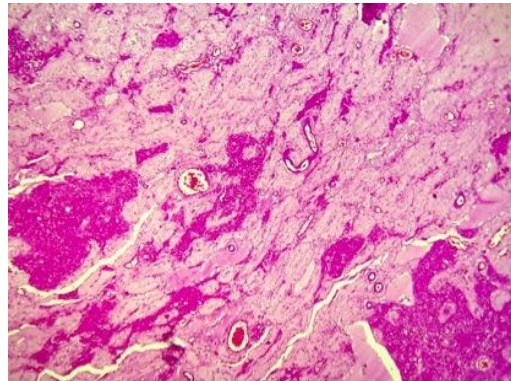
**Figure 1: Mass with a nodular external surface**



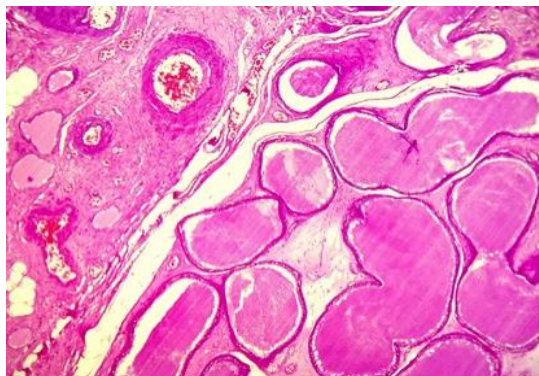
**Figure 4: Microscopic view of the lesion showing clusters of hyperplastic Leydig cells**



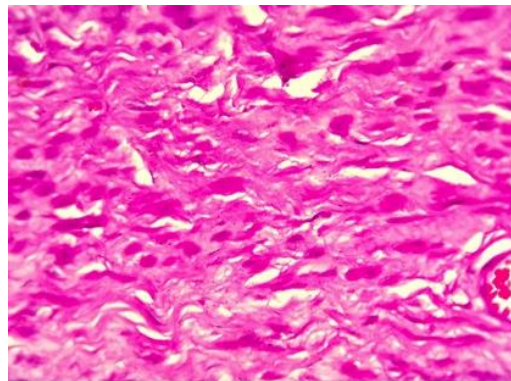
**Figure 2: Cut surface showing fibrosed and thickened wall with the testis at the lower pole**



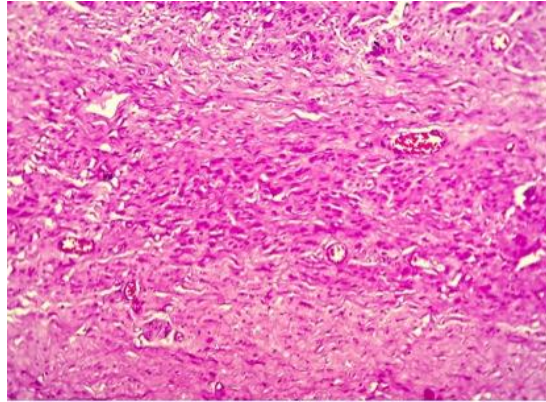
**Figure 5: Microscopic view of the lesion showing clusters of hyperplastic Leydig cells**



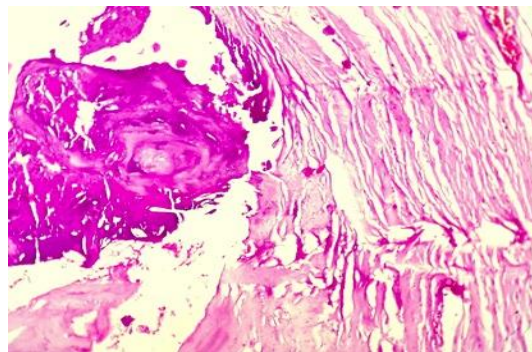
**Figure 3: Microscopic view of the lesion showing atrophic seminiferous tubules**



**Figure 6: Microscopic view of the lesion showing keloid like bands of collagen**



**Figure 7: Microscopic view of the lesion showing scattered mononuclear inflammatory cells**



**Figure 8: Microscopic view of the lesion showing scattered mononuclear inflammatory cells**