

**IJCRR**

Vol 06 issue 12

Section: Healthcare

Category: Review

Received on: 11/05/14

Revised on: 28/05/14

Accepted on: 12/06/14

## "CYCLOOXYGENASE-2" - A VIBRANT CHEMICAL MEDIATOR IN A PLETHORA OF ORAL LESIONS

Aditi Amit Byatnal<sup>1</sup>, Subhalakshmi Sen<sup>1</sup>, Amit Byatnal<sup>2</sup>, Monica Charlotte Solomon<sup>1</sup>

<sup>1</sup>Department of Oral Pathology, Manipal College of Dental Sciences, Manipal, Manipal University, Karnataka, India

<sup>2</sup>AMES Dental College and Hospital, Raichur, Karnataka, India

E-mail of Corresponding Author: monicasolomon@yahoo.com

### ABSTRACT

Cyclooxygenase (COX) is an enzyme that is responsible for formation of important biological mediators called prostanoids, including prostaglandins, prostacyclin and thromboxane. Constituting a key regulatory enzyme of the eicosanoid biosynthetic pathway, COX catalyzes the conversion of arachidonic acid to prostaglandin G<sub>2</sub> (PGG<sub>2</sub>) and PGH<sub>2</sub> and subsequently to a variety of eicosanoids. COX-2 is one of the isoforms of COX, which was upheld mainly as an inflammatory, inducible enzyme, having role different than that of COX-1. However, more recent studies are beginning to reveal additional functions of COX-2, especially in oral lesions. Most commonly studied area of interest being oral squamous cell carcinoma, along with salivary gland tumors, reactive inflammatory lesions and so on. The objective of this review is to discuss the role of COX-2 in various oral lesions.

**Keywords:** Cyclooxygenase, prostanoids

### INTRODUCTION

The fascinating ability to treat fever and inflammation dates back about 3500 (400 B.C.) years ago to a time when the Greek physician Hippocrates prescribed an extract from willow bark and leaves. Later in the 17th century, the active ingredient of willow bark salicin was identified in Europe. The Kolbe company in Germany started mass producing salicylic acid in 1860. Acetylsalicylic acid 1 (aspirin) the more palatable form of salicylic acid was introduced into the market by Bayer in 1899<sup>1</sup>. However, the mechanism of action of anti-inflammatory and analgesic agents such as aspirin and indomethacin 2 remained elusive until the early 1960's. This all changed in the seventies, when John Vane discovered the mechanism of action of aspirin and other nonsteroidal anti-inflammatory drugs (NSAIDs) thereby increasing our ability to develop novel anti-inflammatory therapies<sup>1</sup>. The

success of NSAIDs in treating various inflammatory conditions such as rheumatoid arthritis (RA) and osteoarthritis (OA) validated inhibition of the enzyme prostaglandin H synthase (PGHS) or cyclooxygenase (COX) as a highly suitable target in anti-inflammatory therapies<sup>1,2</sup>. However, the gastrointestinal (GI) toxicities associated with widespread NSAID use proved to be a major drawback during long term therapy<sup>3</sup>. COX, a central enzyme in the biosynthetic pathway to prostaglandins from arachidonic acid, is a protein that was purified more than 20 years ago and cloned in 1988. In the early 90's, Needleman, Simmons and Herschman's group reported the presence of an inducible isoform of the enzyme COX later identified as Cyclooxygenase-2 (COX-2)<sup>4,5</sup>. This discovery led to the hypothesis that anti-inflammatory prostaglandins (PGs) were produced through constitutive expression of Cyclooxygenase -1

(COX-1), whereas the proinflammatory PGs were produced via induction of the COX-2 isoform<sup>6</sup>.

## DISCUSSION

### COX-2 and inflammation

During the inflammatory process, the COX-1 micro RNA (mRNA) and protein activity do not change whereas a dramatic increase in COX-2 levels occurs leading to increased production of proinflammatory PGs. The expression of COX-2 has been studied extensively in animal models of inflammation which provided strong evidence that induction of COX-2 enzyme is associated with inflammation. The COX-1 enzyme does not appear to be affected by the inflammatory process since similar levels of mRNA and protein are detected in both normal and inflamed tissue in animal models. PGs such as PGE<sub>2</sub> and PGI<sub>2</sub> produced via the COX-2 pathway magnify the degree of inflammation initiated by other mediators of inflammation such as histamine and bradykinin leading to increased vascular permeability and edema<sup>7</sup>. COX-2 is not detectable in normal tissue but is detectable after induction by inflammatory stimuli. Selective COX-2 inhibitors exhibit good anti-inflammatory and analgesic activities in various animal models.

In humans, COX-1 is found to be constitutively expressed in a wide range of tissues including the kidney, lung, stomach, small intestine and colon. Hence, COX-1 is considered a housekeeping enzyme responsible for maintaining basal prostaglandin levels, which is important for tissue homeostasis. In contrast, most tissues do not routinely express COX-2 constitutively. It is only in the central nervous system<sup>8</sup> and seminal vesicles<sup>9</sup> where COX-2 has been demonstrated to be expressed normally. However, the stimulation of COX-2 in Src-transformed fibroblasts<sup>10</sup>, endothelial cells and monocytes treated with the tumor promoter tetradecanoyl-phorbol-acetate or lipopolysaccharide create a notion that COX-2 is an inducible enzyme that produces prostaglandins during inflammatory and tumorigenic settings.

### Cyclooxygenase-2 and its function

One of the first studies conducted after the discovery of two isoforms of COX was a screening of existing NSAIDs for those that had differential effects on inhibition of COX-1 vs. COX-2, and some were found to have a 20- to 70-fold selective preference<sup>11</sup>. As a result, studies were done using differential inhibition of COX-1 or COX-2 activities to sort out the relative contributions of these isoforms under a variety of experimental conditions.

### COX-2 in Cancer

Several population-based studies have detected a 40–50% decrease in relative risk for colorectal cancer in persons who regularly use aspirin and other NSAIDs<sup>12</sup>. Initial attempts to determine the molecular basis for these observations found that both human and animal colorectal tumors express high levels of COX-2, whereas the normal intestinal mucosa has low to undetectable COX-2 expression<sup>13</sup>. These findings led to the hypothesis that COX-2 may be playing a role in colon cancer growth and progression. Studies on cell culture models have shown that COX-2 expression contributes significantly to the tumorigenic potential of epithelial cells by increasing adhesion to extracellular matrix and making them resistant to apoptosis<sup>14</sup>. These phenotypic changes were shown to be reversible by treatment with a highly selective COX-2 inhibitor. Very recent work indicates that cyclooxygenase may play a vital role in the regulation of angiogenesis associated with neoplastic tumor cells<sup>15</sup>. Hence, COX inhibitors may block the growth of blood vessels into developing tumors. COX-independent pathways also play an important role in the cancer chemopreventive properties of NSAIDs. Thus, it is understood that both COX-dependent and COX-independent pathways are involved in cancer chemoprevention.

### COX-2 in oral epithelial dysplasia and cancer

Expression of COX-2 has been evaluated in oral epithelial dysplasia and oral cancer. Results obtained are observed to be varying as depicted in

table 1<sup>16-28</sup>. It is well known that cancer cell development and survival is a multifactorial process, involving genetic mutation of normal cells as well as physiological changes within both cancer cells and also the body's defense mechanisms<sup>29</sup>. Immune response to cancer cell development and progression is of particular importance as it might play a potential role in tumor formation. Unresolved immune responses, such as chronic inflammation, can promote the growth and progression of cancer. Within the immune system, cytotoxic CD8+ and CD4+ T cells, along with their characteristically produced cytokine interferon- $\gamma$  (IFN- $\gamma$ ) function as the major anti-tumor immune effector cells, whereas tumor associated macrophages (TAM) or myeloid-derived suppressive cells (MDSC) and their derived cytokines Interlukin-6, Tumor Necrosis Factor, Interlukin-1 $\beta$  and Interlukin-23 are generally recognized as dominant tumor-promoting forces. However, the roles played by CD4+, CD25+, Forkhead box (Fox) p3+ regulatory T lymphocytes and immunoregulatory cytokines such as Transforming Growth Factor - $\beta$  in tumor development and survival remain elusive. These immune cells and the cellular factors produced from them, including both immunosuppressive and inflammatory cytokines, play dual roles in promoting or discouraging cancer development, and their ultimate role in cancer progression may rely heavily on the tumor microenvironment and the events leading to initial propagation of carcinogenesis<sup>30</sup>.

COX-2/PGE2 pathway has been demonstrated to influence every hallmark of cancer, including oral cancer. COX-2/PGE2 pathway has been suggested to play a role in suppression of apoptosis, via activation of the Ras-mitogen activated protein kinase (MAPK/ERK) pathway<sup>31</sup>. PGE2 has been reported to activate pro-survival pathways including PI3K/AKT pathway, protein kinase A signaling<sup>32</sup> and activation of Epidermal Growth Factor (EGFR) signaling<sup>33</sup>. In addition to the apoptosis-suppressive effects of COX-2-derived

PGE2, deregulated expression of COX-2 protein itself might also alter the susceptibility of cells to undergo apoptosis by reducing the cellular pool of its substrate arachidonic acid, which can stimulate apoptosis<sup>34</sup>. Aberrant activation of COX-2/PGE2 pathway might phenocopy activating mutations in the PI3K/ AKT and/or Ras-MAPK pathways, which could play an important role in promoting tumor progression. Indeed, deregulation of the COX-2/PGE2 pathway has been shown to behave in a similar manner to constitutively active Ras in murine intestinal adenomas, resulting in a positive feedback loop that boosts COX-2 expression and further stimulation of tumor growth<sup>35</sup>. COX-2/PGE2 pathway prevents the receipt of anti-growth signals since over-expression of COX-2 has been reported to cause down-regulation of the TGF $\beta$  type II receptor<sup>14</sup>. The COX-2/PGE2 pathway, by enhancing cell survival and growth, serves to assist the cells for acquisition of further cellular alterations that contribute to immortalization and the progression towards the full malignant phenotype. Over-expression of COX-2 induces the production of angiogenic factors such as VEGF and basic fibroblast growth factor, which are instrumental in stimulating the formation of new blood vessels – a requirement for tumors should they wish to develop beyond a few millimeters in size<sup>36</sup>. The mechanism through which COX-2 might promote tumour vascularization is via the production of PGE2 and prostaglandin I<sub>2</sub>. These factors have been shown to participate in inducing endothelial cell dispersion and migration by integrin  $\alpha$ V $\beta$ 3-mediated activation of the small guanosine 5'-triphosphatases Cdc42 and Rac<sup>37</sup>.

In vitro experiments have revealed that cells over-expressing COX-2 undergo phenotypic changes that could enhance their tumorigenic potential, such as exhibition of an increased adhesion to extracellular matrix proteins and resistance to apoptosis. It is believed that this proliferative activity of COX-2 primarily mediated by PGs<sup>14</sup>.

In order to achieve metastases, cancer cells must exhibit a more motile, invasive phenotype, dissociate from neighboring cells within the tumour, invade through extracellular matrix components and intravasate into local blood or lymphatic channels<sup>38</sup>. Having made their escape from the primary tumour, cancer cells must then extravasate from the blood or lymphatics into the surrounding tissue in order to colonize distant sites. Several lines of evidence indicate that COX-2 and the prostaglandins play important roles in aiding these processes – more specifically, PGE2 is thought to promote a more metastatic phenotype in cancer<sup>14</sup>.

Over-expression of COX-2 can modulate the adhesive properties of cancer cells and increase matrix metalloproteinase activity to promote invasion<sup>39</sup>. PGE2 promotes cytoskeletal reorganization and increases cancer cell migration and invasion via PI3K signaling. The stimulation of invasion and motility by PGE2 is dependent on the intracellular Src-mediated transactivation of EGFR<sup>40</sup>. Furthermore, hepatocyte growth factor signaling, which is classically associated with loss of cell-cell contact (or scattering) and invasive growth<sup>41</sup>, is also transactivated by PGE2 in an EGFR-dependent approach. COX-2, hepatocyte growth factor and  $\beta$ -catenin are co-expressed at the invasive front of tumor specimens<sup>42</sup>, suggesting their interplay in tumorigenesis. COX-2 has been identified as one of the four key 'metastasis progression' genes, which collectively synergize to mediate both tumor development and metastasis to other organs<sup>43</sup>.

The contribution of COX-2 in carcinogenesis is due to its involvement in several key mechanisms including the conversion of pro-carcinogens to carcinogens as a consequence of arachidonic acid metabolism, stimulation of cell growth, inhibition of apoptosis through p53 suppression and bcl2 induction, stimulation of VEGF and angiogenesis, promotion of invasion and metastasis via matrix metalloproteinases induction and immunosuppression by IL-10 induction<sup>36,44</sup>.

### **Cox-2 in potentially malignant oral lesions**

Along with numerous studies in conducted to evaluate the role of COX-2 in oral cancer, few studies have also been carried out to appraise if COX-2 plays a similar role in few of the lesions considered as potentially malignant oral lesions. As depicted in table 2<sup>45-48</sup>, COX-2 has been shown to be overexpressed in oral submucous fibrosis (OSMF), oral lichen planus (OLP) and even in oral lichenoid reactions (OLR), as compared to the normal oral mucosa. It is well known that OLP is a chronic inflammatory disease for which the pathogenesis is not fully understood. OLP has autoimmune features and auto immunity has been suggested as a potential cause, whereas WHO has classified OLP as a premalignant condition. Association between chronic inflammation and cancer is known and chronic inflammation is one of the characteristics of OLP<sup>47</sup>. Increased expression of COX-2 suggests its definite role in OLP. COX-2 has been connected to both malignant development and autoimmunity but as malignant development of OLP is quite rare it was suggested that the increased levels of COX-2 support an autoimmune cause of the disease. As against, Lysitaet al<sup>48</sup> suggest that sustained overexpression of COX-2 in the late stage of the disease could play a role in the malignant transformation of some OLP.

In case of OSMF, very few studies have been conducted to assess the role of COX-2 in its pathogenesis. Aberrant and persistent tissue inflammations are believed to play an important role on the occurrence of tissue fibrosis. Tsai et al<sup>45</sup> in their study demonstrated that COX-2 expression was significantly higher in OSMF specimens and expressed mainly by epithelial cells, endothelial cells, and cells with fibroblast morphology. Simultaneously they also observed the COX-2 expression in cells treated with arecoline and noticed that COX-2 expression was up-regulated as early as half an hour. This indicated that COX-2 expression is an early

cellular response and regulated by arecoline at transcriptional level.

### **Cox-2 in odontogenic cysts and tumors of the jaw**

Limitations in the number of studies related to expression of COX-2 in odontogenic cysts and tumors (table 3)<sup>49,50</sup> makes it difficult to understand its exact role in pathogenesis of these lesions. Radicular cyst, being an inflammatory cyst, shows high expression of COX-2 in the lining epithelium, subepithelial fibroblasts, macrophages and endothelial cells, suggesting the role of COX-2 in their pathogenesis.

KCOT is a benign neoplasm of odontogenic origin with an occasionally aggressive behavior leading to high recurrence rates. High COX-2 expression in the epithelial lining of KCOT the current knowledge of the role played by COX-2 in tumorigenesis further strengthen the current concept that the KCOT should be regarded as a neoplasm. Furthermore, the multitude of markers known to be overexpressed in KCOTs is suggestive of what could be called a 'network addiction' pattern, rather than a pathological mechanism dependant on a specific activated/suppressed gene, thus explaining its aggressive behavior<sup>50</sup>.

### **Cox-2 in salivary gland tumors**

Salivary gland tumors, most of which are rare benign tumors, represent a histologically heterogenous group with the greatest diversity of morphological and cellular features. Restricted number of studies has been conducted as to evaluate the role of COX-2 in few of the salivary gland tumors (table 4)<sup>51-55</sup>. Few studies showed no quantitative difference in COX-2 expression in different benign tumors<sup>51</sup>, while others exhibited considerable overexpression in the same<sup>52</sup>. Warthin's tumor showed COX-2 expression only in the epithelial component, with no expression in the lymphoid components<sup>54</sup>. These findings support the hypothesis that Warthin's tumors originate from heterotopic ductal epithelial cells of the parotid gland. However, the role of COX-2

expression in the pathogenesis of Warthin's tumors remains to be determined.

Likewise, COX-2 expression has also been studied in malignant salivary gland tumors since overexpression of cyclooxygenase (COX)-2 in several human carcinomas suggests that COX-2 is related to carcinogenesis. However, the exact mechanism is still not understood<sup>55</sup>.

### **COX-2 in oral reactive lesions**

Most of the reactive lesions being inflammatory in process, have demonstrated COX-2 overexpression (table 5)<sup>56,57</sup>. Pulpal inflammation associated with dental caries<sup>56</sup> and periapical granuloma and periapical cyst<sup>57</sup> have shown overexpression of COX-2. COX-2 -positive cells were detected in the epithelial cells and inflammatory cells. These studies suggest that COX-2 might play more important roles in the pathogenesis and development of periapical lesions.

### **CONCLUSION**

Cyclooxygenase-2 is chemical mediator that has a low to undetectable expression in normal tissues. It is a crucial element that functions through the production of prostaglandins. This molecule is particularly abundant in activated macrophages and cells at the site of inflammation. Its role in the disease process of various oral lesions is recognized. This mediator is a key factor in many regulatory pathways of the carcinogenic process. Understanding the role of cyclooxygenase -2 in the oral lesions can facilitate the incorporation of treatment protocols that target this molecule.

### **ACKNOWLEDGEMENT**

Authors acknowledge the immense help received from the scholars whose articles have been cited and included in the references of this manuscript. The authors are also grateful to authors/ editor/ Publishers of all those articles, journal and books from where the literature for this article has been reviewed and discussed.

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**Table 1: COX-2 expression in Oral epithelial dysplasia (OED) and Oral squamous cell carcinoma (OSCC)**

Authors	Study method(s)	COX-2 expression in OED	COX-2 expression in OSCC
Itoh <i>et al</i>	IHC	-	Overexpression
Li <i>et al</i>	IHC	-	Overexpression
Pandey <i>et al</i>	RT-PCR	Overexpression	Overexpression
Segawa <i>et al</i>	IHC	Overexpression	Overexpression
Zhang <i>et al</i>	IHC	Overexpression	Overexpression
Sappayatosak <i>et al</i>	IHC	Overexpression	Moderate to intense expression
Mauro <i>et al</i>	IHC and RT-PCR	Maximum expression	Lower expression than dysplasia
Wang <i>et al</i>	Short hairpin RNA method	-	Overexpression
Salami <i>et al</i>	Western blot and immunoassay kit	-	Overexpression
Morita <i>et al</i>	IHC	-	Overexpression
Nagatsuka <i>et al</i>	In situ hybridization and IHC	Overexpression	Overexpression
Rojas <i>et al</i>	IHC and RT-PCR	Overexpression in actinic cheilitis	-
Prado <i>et al</i>	RT-PCR	Upregulation	-

**Table 2: COX-2 expression in oral submucous fibrosis (OSMF), oral lichen planus (OLP) and oral lichenoid reaction (OLR)**

Authors	Lesion	Study method	COX-2 expression
Tsai <i>et al</i>	OSMF	RT-PCR	Significantly higher
Li <i>et al</i>	OLP	IHC and RT-PCR	Positive expression
Danielsson <i>et al</i>	OLP	RT-PCR and Western blot	Significantly higher
Cortez-Ramrez <i>et al</i>	OLP and OLR	IHC	Overexpression
Lysitsa <i>et al</i>	OLP	Western blot	Overexpression

**Table 3: COX-2 expression in odontogenic cysts and tumors**

Authors	Lesion	Study	COX-2 expression
Tsai <i>et al</i>	Radicular cysts	IHC	Overexpression
Mendes <i>et al</i>	Keratocystic odontogenic tumor	IHC	Mild to strong

**Table 4: COX-2 expression in salivary gland tumors**

Authors	Salivary gland tumor	Study method	COX-2 expression
Lipari <i>et al</i>	Pleomorphic adenoma, Warthin's tumor	IHC and Reverse transcriptase-PCR	No significant quantitative difference
Cho <i>et al</i>	Pleomorphic adenoma, mucoepidermoid carcinoma	IHC	Overexpression
Katori <i>et al</i>	Carcinoma ex pleomorphic adenoma	IHC	Overexpression
Loy <i>et al</i>	Warthin's tumor	IHC	Overexpression in epithelial component
Sakurai <i>et al</i>	Salivary gland adenoma, salivary gland carcinoma	IHC	Overexpression in both adenomas and carcinomas

**Table 5: COX-2 expression in oral reactive lesions:**

Authors	Reactive lesion	Study method	COX-2 expression
Lundy <i>et al</i>	Pulpal inflammation associated with dental caries	IHC	Overexpression
Lin <i>et al</i>	Periapical lesions in rat	In situ hybridization	Overexpression